

Sexual Safety

Listen



- NO means NO. Silence means NO.
- Always ask someone if you can touch them.
- Wait for someone to say, "YES."
- If a person says, "YES" to sex after they drink alcohol or take drugs, the "YES" does NOT count.

Remember

- You can tell a trusted adult or the police about rape even if you did not fight back.
- It is NEVER your fault if you are sexually assaulted.



How to Get Help:

- Tell a trusted adult what happened
- Call the police
- Call a rape hotline

National Sexual Assault Hotline

1-800-656-HOPE (4673)

**Rape Trauma Services
(San Mateo County)**

1-650-692-RAPE (7273)



**I can talk to _____
about my sexual safety.**

What Should I Do?

Scenario #: 1



Hi! My name is Juan. Every day at school when I see my friends, I run up to them and give them hugs. When I am introduced to new people I like to hug them too.

1. Juan's behavior is (circle one)

appropriate

inappropriate

illegal

2. If you circled inappropriate or illegal, what is the problem in this scenario?

3. Who could this person go to for help? List **two** trusted adults this person could talk to.

1.

2.

4. If this person was your friend, what could you say or do to help them?

What Should I Do?

Scenario #: 2



Hello, I am Jeremy. I want to make new friends. When I go to the mall I walk up to strangers and start talking to them. The last few times I went to the mall, the same woman was there. I followed her around from store to store, talking to her about my life. She walks pretty quickly, so sometimes I need to yell to her to get her attention. Is this the right way to make new friends?

1. Jeremy's behavior is (circle one)

appropriate

inappropriate

illegal

2. If you circled inappropriate or illegal, what is the problem in this scenario?

3. Who could this person go to for help? List **two** trusted adults this person could talk to.

1.

2.

4. If this person was your friend, what could you say or do to help them?

What Should I Do

Scenario #: 3



My name is Samantha. I've been visiting a tutor two afternoons a week to get extra help with my homework. At first, he was just really nice, but then he started touching my shoulders and my hair. The last time I was there, he told me how beautiful I was and started touching my breasts through my shirt. I was so scared I didn't know what to do! I told him I had homework to do, and got out of there fast. Now, I'm so scared that I'll have to see him again. But I didn't fight him off or yell at him or anything, so maybe this was my fault? What should I do?

1. The tutor's behavior is (circle one)

appropriate

inappropriate

illegal

2. If you circled inappropriate or illegal, what is the problem in this scenario?

3. Who could this person go to for help? List **two** trusted adults this person could talk to.

1.

2.

4. If this person was your friend, what could you say or do to help them?

What Should I Do?

Scenario #: 4



My name is Sergio. I just met this boy in my class that I like a lot. We say hello to one another every morning. I got his number from my friend today. I've sent him nine texts so far, but he hasn't responded. I even tried calling him three times and he never picked up. What should I do?

1. Sergio's behavior is (circle one)

appropriate

inappropriate

illegal

2. If you circled inappropriate or illegal, what is the problem in this scenario?

3. Who could this person go to for help? List **two** trusted adults this person could talk to.

1.

2.

4. If this person was your friend, what could you say or do to help them?

What Should I Do?

Scenario #: 5



My name is Jay. The other day I was walking home from school and needed to go to the bathroom really badly. I didn't know where the closest public restroom was so I ran into an alley and urinated on a building. When I got home I told my mom about it and she got upset at me. Did I do something wrong?

1. Jay's behavior is (circle one)

appropriate

inappropriate

illegal

2. If you circled inappropriate or illegal, what is the problem in this scenario?

3. Who could this person go to for help? List **two** trusted adults this person could talk to.

1.

2.

4. If this person was your friend, what could you say or do to help them?

What Should I Do?

Scenario #: 6



Hi, my name is Erin. Sean and I have been dating for about six months now. We've held hands and kissed, but I am interested in doing more. Sean and I have talked about our families, how nice it is to spend time together, and how we are both interested in becoming more intimate. I think I might bring up the conversation of having sex. What do you think?

1. Erin's behavior is (circle one)

appropriate

inappropriate

illegal

2. If you circled inappropriate or illegal, what is the problem in this scenario?

3. Who could this person go to for help? List **two** trusted adults this person could talk to.

1.

2.

4. If this person was your friend, what could you say or do to help them?

What Should I Do?

Scenario #: 7



My name is Jocelyn. Last week, I took a picture of myself topless and sent it to my boyfriend. At first I was really nervous about it, but I wanted to show him I really like him. We broke up yesterday, and when I got to school this morning everyone was laughing. I found out that he had sent my picture to everyone! I feel so humiliated. I can't face going back to school. What am I going to do?

1. Jocelyn's boyfriend's behavior is (circle one)

appropriate

inappropriate

illegal

2. If you circled inappropriate or illegal, what is the problem in this scenario?

3. Who could this person go to for help? List **two** trusted adults this person could talk to.

1.

2.

4. If this person was your friend, what could you say or do to help them?

What Should I Do?

Scenario #: 8



My name is Carla. Yesterday, when I got home from school, I began to feel tingly all over. I went into my bedroom and closed the door. Then I started touching myself. It felt really good. Now I feel weird about it. Is something wrong with me?

1. Carla's behavior is (circle one)

appropriate

inappropriate

illegal

2. If you circled inappropriate or illegal, what is the problem in this scenario?

3. Who could this person go to for help? List **two** trusted adults this person could talk to.

1.

2.

4. If this person was your friend, what could you say or do to help them?

What Should I Do?

Scenario #: 9



Hello, my name is Lucas. The other day I went over to my friend, Dylan's, house to hang out and we watched a scary movie. I started to feel scared and moved closer to my friend, our arms and legs were touching. He kept moving over on the couch, and I kept moving with him. It felt nice to sit really close. Ever since Dylan has been avoiding me at school. What did I do wrong? What should I do?

1. Lucas' behavior is (circle one)

appropriate

inappropriate

illegal

2. If you circled inappropriate or illegal, what is the problem in this scenario?

3. Who could this person go to for help? List **two** trusted adults this person could talk to.

1.

2.

4. If this person was your friend, what could you say or do to help them?

What Should I Do?

Scenario #: 10



Hi, my name is Amanda. I just met Charlie and I think she is awesome. She makes me laugh and I think I like her more than just friends. I asked if she wanted to grab coffee with me and she said yes! When we met up for coffee we had a great time, and she even touched my arm. While we were walking out of the coffee shop, I asked if I could hold her hand. She said yes again! It feels so nice to be this intimate.

1. Amanda's behavior is (circle one)

appropriate

inappropriate

illegal

2. If you circled inappropriate or illegal, what is the problem in this scenario?

3. Who could this person go to for help? List **two** trusted adults this person could talk to.

1.

2.

4. If this person was your friend, what could you say or do to help them?

What Should I Do?

Scenario #: 11



My name is Megan. My boyfriend and I have been going out for over a year now and we have been talking about having sex. Last night we went to a party and I was feeling nervous so I started drinking. I don't remember much, one minute my boyfriend and I were dancing together, the next I woke up naked with him next to me. I guess we must have had sex. I feel really uncomfortable and I want to cry. What should I do?

1. Megan's boyfriend's behavior is (circle one)

appropriate

inappropriate

illegal

2. If you circled inappropriate or illegal, what is the problem in this scenario?

3. Who could this person go to for help? List **two** trusted adults this person could talk to.

1.

2.

4. If this person was your friend, what could you say or do to help them?

What Should I Do?

Scenario #: 12



My name is Kay. I met this guy online, Dave, and he started sending me all these pictures. He asked me to send him some pictures of me in return. I told him I didn't feel like that was a good idea. He promised to send me \$10 for every photo I sent him. I still feel uneasy about doing it, but that seems like a good deal. What should I do?

1. Dave's behavior is (circle one)

appropriate

inappropriate

illegal

2. If you circled inappropriate or illegal, what is the problem in this scenario?

3. Who could this person go to for help? List **two** trusted adults this person could talk to.

1.

2.

4. If this person was your friend, what could you say or do to help them?

What Should I Do?

Names: _____ Scenario #: _____

1. The behavior discussed in this scenario is (circle one):

appropriate

inappropriate

illegal

2. If you circled inappropriate or illegal, what is the problem in this scenario?

3. Who could this person go to for help? List **two** trusted adults this person could talk to.

1.

2.

4. If this person was your friend, what could you say or do to help them?

Appendix G.10: Public vs. Private Types of Affection

High Five



Smile



Waving



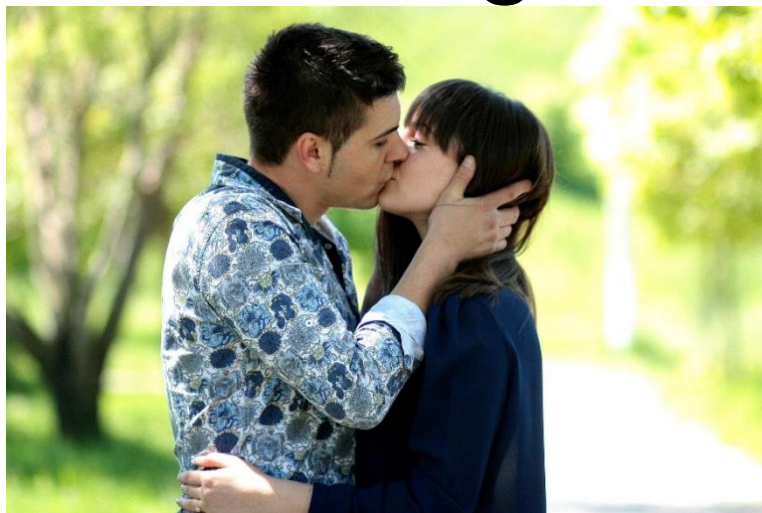
Handshake



Cuddling



Kissing



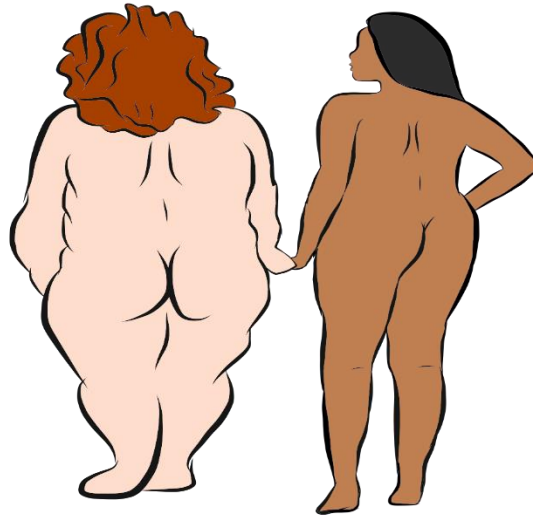
Hugging



Touching private body parts



Being naked with a partner



Having sex



Session 10 Assessment: Sexual Safety

Category 1: True/False and Open Ended

Sexual Safety Questions:

1. When a person is doing or saying anything sexual that makes someone else feel uncomfortable this can be referred to as what?

Answer: Sexual Harassment

2. Forcing someone to have sex without their consent or permission is called what?

Answer: Rape

3. True/False: When sexual harassment or sexual assault happens, it is never the victim's fault.

Answer: True

4. Who can a person talk to about sexual harassment or sexual assault?

Answers: Parents, trusted adult, teacher, counselor, police, etc.

5. True/False: It is okay to pressure someone to have sex.

Answer: False

6. True/False: Before having sex, a person should talk to their partner about what they are comfortable doing or not doing.

Answer: True

Category 2: Tally

Educator or Data Recorder: Begin by reading a question and the three possible answer choices so students can hear all options. Read the question again and as you go through the possible answer choices, have students raise their hand when they hear the option they think is correct and put tally marks in the appropriate boxes.






<p>Topic: Sexual Safety</p> <p>Question 1: True/False: Sexual harassment is forcing someone to have sexual contact.</p> <p>Answer: False- This refers to sexual assault. Sexual harassment is doing or saying anything sexual that makes someone feel uncomfortable.</p>	<p style="text-align: center;">True</p> <p><u>Pre-Assessment:</u></p> <p><u>Post-Assessment:</u></p>	<p style="text-align: center;">False</p> <p><u>Pre-Assessment:</u></p> <p><u>Post-Assessment:</u></p>	<p style="text-align: center;">Not Sure</p> <p><u>Pre-Assessment:</u></p> <p><u>Post-Assessment:</u></p>
<p>Topic: Sexual Safety</p> <p>Question 2: Touching someone in a sexual way without their consent or permission would be considered...</p> <p>Answer: Sexual Assault</p>	<p style="text-align: center;">Sexual Harassment</p> <p><u>Pre-Assessment:</u></p> <p><u>Post-Assessment:</u></p>	<p style="text-align: center;">Sexual Assault</p> <p><u>Pre-Assessment:</u></p> <p><u>Post-Assessment:</u></p>	<p style="text-align: center;">Not Sure</p> <p><u>Pre-Assessment:</u></p> <p><u>Post-Assessment:</u></p>
<p>Topic: Sexual Safety</p> <p>Question 3: True/False: When sexual harassment or sexual assault occurs, it is never the victims fault.</p> <p>Answer: True</p>	<p style="text-align: center;">True</p> <p><u>Pre-Assessment:</u></p> <p><u>Post-Assessment:</u></p>	<p style="text-align: center;">False</p> <p><u>Pre-Assessment:</u></p> <p><u>Post-Assessment:</u></p>	<p style="text-align: center;">Not Sure</p> <p><u>Pre-Assessment:</u></p> <p><u>Post-Assessment:</u></p>
<p>Topic: Sexual Safety</p> <p>Question 4: True/False: It is okay to pressure someone to have sex.</p> <p>Answer: False</p>	<p style="text-align: center;">True</p> <p><u>Pre-Assessment:</u></p> <p><u>Post-Assessment:</u></p>	<p style="text-align: center;">False</p> <p><u>Pre-Assessment:</u></p> <p><u>Post-Assessment:</u></p>	<p style="text-align: center;">Not Sure</p> <p><u>Pre-Assessment:</u></p> <p><u>Post-Assessment:</u></p>

Category 3: Icon Selection

- **Option 1: Place the options on the board and label them 1-3. Have the students hold up 1, 2, or 3 fingers to represent the answer they chose.**
- **Option 2: Print out answer cards before assessment. Place the cards in front of the students and have them point to the correct answer.**

Sexual Safety Questions:

1. True/False: Sexual assault is forcing a person to have sexual contact, like forcing someone to kiss you.
Answer: True
2. True/False: When sexual harassment or sexual assault occurs, it is never the victims fault.
Answer: True
3. True/ False: It is okay to pressure someone to have sex with you.
Answer: False
4. Before you do something sexual with someone, you need to get their consent by asking them and waiting for them to say _____.
Answer: Yes

Row 1	True 	False 	Not sure 
Row 2	Yes 	No 	Not sure 